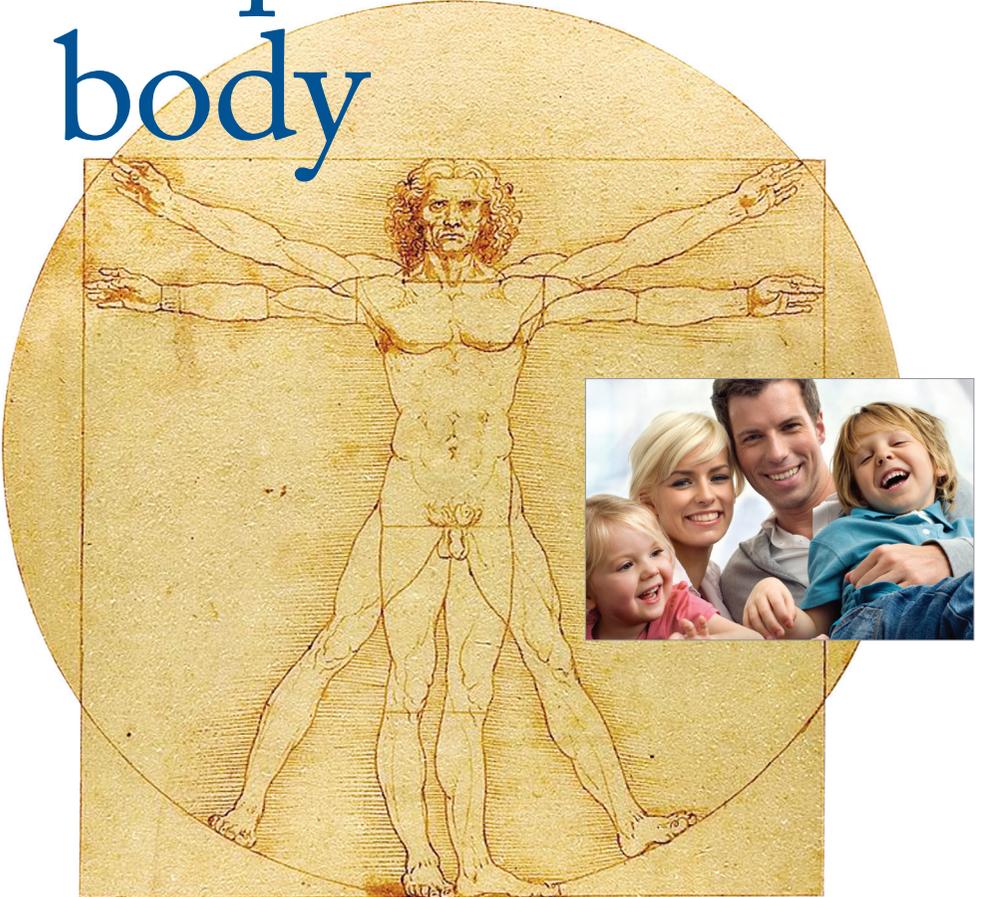




N|S|M NATURAL
SCIENCE
MEDICINE

The empowered body



**How FCT can unlock the power
for you to heal yourself**

by Ann Pearcey BChD
with a supplementary chapter by Savely Yurkovsky MD,
Founder of Field Control Therapy



Our species first walked the face of the earth over 150,000 years ago.

In its infancy it had no medicines, no defined surgical procedures, no understanding of the world it inhabited.

Like everything in creation, it was subject to the laws of physics, and would literally live or die as a consequence.

Yet, it not only survived every possible form of assault on its physical well-being, but evolved into a race of highly sophisticated creatures.

How could this be? What protected this fragile life form in its earliest days?

In an age when our bodies seem easy prey to a growing number of disorders and diseases, these are important questions, and, in turn, invoke others that demand urgent answers.

From birth, what did humankind possess that ensured its future?

And now that we are living in that future, what's gone wrong?

A Pearcey March 2012

The empowered body

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1 FCT. A revelation and a revolution in healing

So, what exactly do we mean by FCT?

To give it its full name, Field Control Therapy is a breakthrough in our understanding of how the human body works, and is a means to restore its natural balance and defence mechanisms so that it can resist and repel the aggressive root causes of disorders. In short, it empowers the body's own inborn ability to heal itself.

That, of course, is a greatly simplified definition – and in these pages we will be looking at the subject in much greater detail and examining, in depth, the wealth of published material relating to FCT, from the origin of the theory to its application in a therapy which is in widespread practice today.

To say that it is a revelation *and* a revolution is no exaggeration. Indeed, some have hailed it as the greatest breakthrough since the Copernican Revolution of the 16th century which many regard as the moment when the birth of modern science took place.

Such excited reactions are perfectly understandable, as you'll realise once you begin to learn for yourself the full implications of FCT for medicine as a whole, and the transforming effect it can have on the lives of all of us.

As is so often the case with quantum leaps in thinking, the fundamental science that underpins FCT was already known. Indeed, it is a principle at the heart of physics – a discipline fundamental to all the sciences.

The laws of physics that apply to matter apply to the building blocks of any system, including living organisms such as the human body. Matter itself can be construed as a physical manifestation of a corresponding state of its energy field. If energy fields are disrupted, then our bodies suffer

physical impairment and are rendered susceptible to the afflictions that affect so many of us in the 21st century.

Currently, medical intervention is often unable to determine the origins of such conditions, and can only address at the level of relieving the symptoms, often without removing the cause.

This ought not be seen as a reason to avoid seeking medical advice. It is simply an explanation as to why not all allopathic treatment results in long-term cure. In addition to seeking medical advice from a suitably qualified health care professional, Field Control Therapy can offer a durable answer.

FCT is a revolutionary theory, and its revelation came from the genius, extensive research and sheer hard work of Dr. Savely Yurkovsky, cardiologist and graduate of Moscow State Medical Institute, who currently practises in the United States, where he is a respected figure in the view of senior professional organisations.

From his own observations and experience, Dr. Yurkovsky came to realise that the primary source of health and disease could be attributed to physics, and stemmed from the corresponding cellular energy fields. This required medical science to look beyond the conventional response of pharmaceutical solutions. Instead, he proposed a new model utilizing the connection between physics and biology, and developed new techniques for the identification and treatment of disorders based on this new approach.

We will return to the remarkable Dr. Yurkovsky in more detail a little later. But, before we look at the answers, let's look at the problem first.



From the infinity of the Universe and the birth of new galaxies, to the emergence of the most precious life on Earth, the laws of science are constant.

2 How toxic has our world become?

What sort of day have you had?

Like most of us on weekdays, you probably crawled into work along roads clogged with traffic. Or maybe you went shopping on your busy High Street, or just stayed at home watching TV. As the day wore on, how much time did you spend in front of the computer, and how often did your mobile phone ring?

So, it was a day pretty much like any other day, yes? Everything routine, nothing out of the ordinary – unless maybe you had to visit your dentist and needed treatment. But that’s not exactly a big deal, is it? Well, actually, it is a big deal. All of the unremarkable things we experience practically every day of our lives expose us to toxins. Or to use a plainer word . . . ‘poisons’. And if that sounds alarming, it’s meant to. Because some of these substances are so deadly, they would be kept under lock and key in a chemistry laboratory.

Admittedly, in many cases we are only exposed to relatively small doses of these toxins. And there’s virtually no escaping them, as they’re in everything from exhaust fumes to furniture. But the worrying problem is that as we absorb them, they gradually accumulate in our bodies – which, these days, often lack the mechanisms for excreting, or otherwise ridding themselves of these pollutants. Why is this a modern day problem?

The answer can be found in the study of toxicology. Heavy metals and other pollutants are very competent immuno-suppressants, and these substances are ubiquitous in the environment in this day and age. Some toxic elements are administered by medical practitioners. Your doctor, for instance, might prescribe a course of tablets, or give you an

Speaking non-technically, it's the electromagnetic radiation given off by all your business and personal IT devices, your mobile or cordless phone, television, electronic games . . . and even some of the household equipment that's an essential part of your daily existence. Understandably, you might say you can't imagine life without any of these things.

Nobody is saying that you have to, but you certainly need to be fully aware of the possible detrimental effects of living with them.

So, let's get to the point. Everything that we've talked about in this chapter can have a toxic effect on your body and can build up invisibly and inexorably. The energy fields which control the body's immune system and natural chemical processes can become disrupted. The whole system becomes less efficient, and the tissues and organs can become increasingly dysfunctional and unable to perform their roles in maintaining the body's equilibrium and hormonal balance. The immune system also becomes less efficient with the resultant illnesses and diseases that we see all too frequently in today's population.

Think, for a moment, of diseases or conditions that are currently considered to be incurable or irreversible. From autism to Alzheimer's, what is the cause and why were they unheard of a generation ago?

More optimistically, what can we learn from the work of Dr. Savely Yurkovsky, that will allow our bodies to heal?



Our industrialised world is slowly but surely poisoning us. Our rivers, seas and skies are becoming increasingly polluted – and electromagnetic smog envelops our lives.

3 The visionary work of Dr. Savely Yurkovsky

From Louis Pasteur's pioneering work in microbiology to Alexander Fleming's discovery of penicillin, there are people whose names stand as milestones in the scientific advancement of medicine. Savely Yurkovsky deserves to take his place in the ranks of these and other pioneers who have introduced completely new approaches based on leaps forward in science.

If you are not familiar with him yet, here's a simple experiment that you can conduct. Enter his name in Google and see what happens. I can predict the result for you: over 2,500 references in websites relating to his life, his career, his medical qualifications, his university posts, his lectures, his theories, his discoveries . . . and most importantly, his assured place in history as the person who established the principles of FCT.

So, as you'll appreciate, it would be impossible to give Dr. Yurkovsky the full attention he merits in a few short pages, so, for now, let's confine ourselves to a concise summary.

His early career followed a conventional path, progressing from medical graduate to a specialist in cardiology. Yet paradoxically, it was his frustration with conventional thinking that led him to challenge the old, and often outmoded, approaches to the accepted principles of medicine itself – especially with regard to chronic diseases.



Savely Yurkovsky, MD, received his degree from Moscow State Medical Institute in 1975. He completed his Internal Medicine Residency and Fellowship in Cardiovascular Medicine at Coney Island Hospital of Downstate Medical School, Brooklyn, New York, and is Board Certified in Internal Medicine.

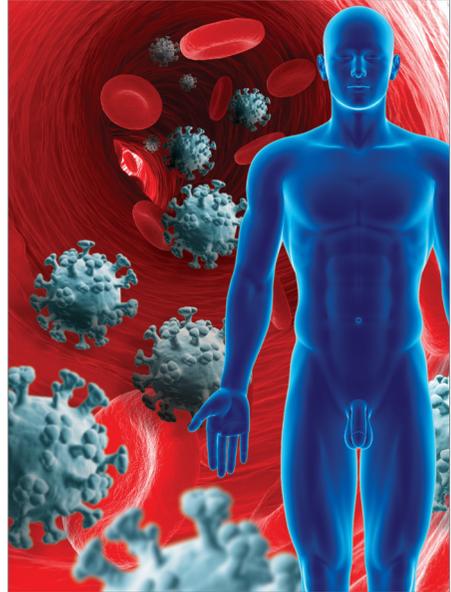
Like every good scientist, he always kept an open mind – but with a highly developed ability to filter, critically, the most important findings from the background clutter of irrelevant data. He explored the many different claims and practices of what is commonly known as “alternative medicine”, including homeopathy and Traditional Chinese Medicine, both of which were becoming increasingly accepted into mainstream medical opinion.

However, from his own observations over many years he came to realise that the well-being of the human body was governed by the science of physics and how this related to the body’s cellular energy fields. There was a mass of scientific research to support this view, but then came a “what if?” moment.

What if an interface could be established between the theories of physics and biology, and integrated with the evidential efficacy of certain alternative approaches to medicine? Going further still, was it possible to develop this idea to a point where it would be capable of a credible scientific explanation, and deliver predictable results?

Thus began his long and painstaking quest across a broad range of scientific disciplines, eventually leading him to establish a revolutionary new medical foundation.

Using this paradigm, Dr. Yurkovsky then determined the most appropriate diagnostic and therapeutic priorities for the successful integration of various alternative and conventional approaches. A huge breakthrough, this transformed the



The human body is a cellular system, and it's at this microscopic level that the real conflict takes place. We are designed to resist the attacks of alien invaders and successfully overcome them.

sometimes vague nature of each of these approaches into a single effective and predictable model.

This is what we know today as Field Control Therapy. To explain this as briefly as possible, and using lay terms, the word “Field” refers to the cellular or energy fields that are generated by the nucleus of every single living cell. The word “Control” refers to two actions. The first is the role that these energy fields play in controlling cellular functions, which are the governing forces in human physiology. The second is the approach to the therapy itself, which aims to precisely control the nature and activity of the energy fields, and thereby influence the health of the human body.

Dr. Yurkovsky has been teaching the principles of FCT to doctors and other healthcare professionals since 1999, explaining the energy-based diagnostic and therapeutic modalities aimed at eradicating from the body the pernicious toxicological and biological agents seen as the primary source of (chronic) diseases.

By removing the toxins and other forms of pollution, FCT allows the body’s energy fields to function naturally, exactly as they were designed to do so, by eons of evolution. This, then, is the real genius of Savely Yurkovsky, the turning of the key that has unlocked the full power and potential of an inter-cellular and an intra-cellular communication system that controls all of the body’s functions to maintain optimum health. The medical term for this is “homeostasis”.

It’s a self-regulating mechanism that we all possess, and always have done. And it makes your own body your perfect physician.

4 Homeostasis.

The secret we are all born with

“Nature knows best”.

How often have we all heard that said? And why, for so many years, have we thought that science knew better? Yet if we really think about it, the two views are not diametrically opposed. Science, after all, is the study of nature – be it the study of the Universe in all its vast complexity, or the study of the smallest particles in existence. That’s why the world’s most respected scientific journal is entitled “Nature”.

Science relates to natural laws, and its task is to help us understand how these work. To date, we know only a minute fraction, as even the most ardent scientist would admit. As research adds steadily to the sum of our knowledge, science has constantly to revise its opinions and beliefs. Often, a “new” discovery reinforces that old adage about nature knowing best. Although we accept the many advances made by science in terms of conventional medical treatment, many of us instinctively feel that there is something else at work when we are challenged by a disorder. We might not understand it, but somehow we are conscious that some process has been automatically activated. So although it might be secret from our minds, our bodies certainly know all about it.

It has long been acknowledged, of course, that the human body has its natural defences – but one of these, known as homeostasis, is far more sophisticated than science and medicine once thought. The term “homeostasis” was coined as recently as 1924, but today it is a familiar part of the curriculum for anyone studying medicine.



Hippocrates, physician of Ancient Greece, is regarded as the founder of scientific medicine. He believed in natural healing processes and that the body should be treated holistically.

In precise terms, this is how homeostasis is defined in one medical dictionary:

Homeostasis. The tendency of biologic tissues and processes to maintain a constancy of environment consistent with their vitality and well-being. For cells to maintain their stability or equilibrium, the cell membranes must be in continuous interaction with both the internal (intracellular) environment and the external (extra cellular) environment. When the equilibrium of any component is disturbed, the interaction permits automatic readjustment by giving rise to stimuli that result in restoration of the equilibrium.

The key phrase in that definition is “to maintain a constancy of environment consistent with their vitality and well-being”. So, homeostasis is the body’s survival mechanism that is continually at work in an attempt to maintain a constant internal environment. In order to sustain that balance and equilibrium, the body is always monitoring its own conditions and making adjustments as conditions change. It is particularly evident with regard to the liver, the kidneys, the brain, the autonomic system and the endocrine system.

Homeostasis requires energy to perform effectively – so problems arise when cells of any particular organ become inefficient and the body starts to expend more of its natural energy to compensate, thus depleting the immune system. The reason why this happens can be found in the accumulated presence of various toxins (or sometimes pathogens as a result of underlying toxicity) that we all encounter in our everyday lives, and which our bodies were never designed to cope with. In addition, there is electromagnetic radiation from computers, laptops, cordless phones, Wi-Fi and similar devices, and dangerous emissions from LCD screens, and from fluorescent lights and mercury-containing (energy-saving) light bulbs. All of these disrupt the body’s energy fields, the natural stability and equilibrium is disturbed, and this is when things can start to go badly wrong. Tissues and organs become more and more laden with toxicity, providing an ideal environment for invasion by pathogens. “Surely”, you might say, “modern medicines and treatments can address these issues?”

Well, the answer is a very emphatic . . . NO!

5 Why allopathic medicine can't always deliver a cure

You're not feeling well? Then you'd better see a doctor.

That's very good advice, and you should always consider it. However, what if the doctor is unable to offer a cure? Perhaps the drugs or therapies that are prescribed don't actually help in the long run – giving short-term relief only.

At first glance that might seem a very provocative statement to ask. Nevertheless, it's a matter of record that this has sometimes been proven to be the case, and there will always be areas of unease. In the US, court actions have been brought against global pharmaceutical companies; in the UK, there is continuing controversy over the use of the MMR vaccine, the 'flu vaccine and the indiscriminate use of antibiotics.

There is absolutely no doubt that antibiotics can be life-saving, and their benefits, on occasion, must not be underestimated. However, it is well known that patients who have long-term, or repeated courses of antibiotics may feel better initially, but beyond the short-term, benefits of such therapy are short-lived. It is far better that we address the underlying issues of toxicity and immuno-suppression, letting the body resist infections in the first instance, than resort repeatedly to the prescription of antibiotics.

This increased use of antibiotics is thought to be linked to the rise in the number of allergies and asthma, and correlates with the increased rise in inflammatory bowel disease.

In the case of vaccines, again, there is no doubt about their benefits to many for the prevention of disease, but the production of vaccines involves the modification of the infective agent, for example a 'flu virus. Following modification, the virus particle is no longer recognisable

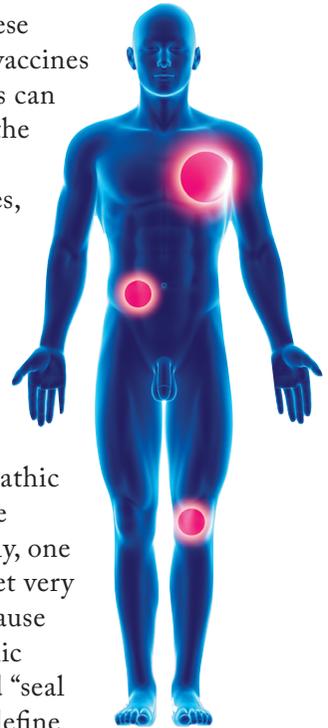
to every organ in the body, and there is a half-hearted attempt to trigger immunity. But, without the ‘whole’ virus, stimulation of the entire body is incomplete. Natural acquired immunity comes from the whole ‘symphony’ of organ and tissue responses, and is usually life-long; to expect a vaccine to provoke this response is somewhat artificial, which explains why some people who have been vaccinated go on to contract the illness.

Probably more importantly, is the fact that these ‘incomplete’ virus particles which are present in vaccines are small enough to avoid detection, and residues can remain in organs indefinitely. Does this explain the rise in autism as the vaccination programme has increased; or the rise in type 1 childhood diabetes, since the introduction of the MMR vaccination programme? Statistics might suggest so.

So where does this leave us when deciding on the merits of vaccinations? If it is deemed that vaccination is actually necessary, then the residues can be removed, as can the residues of antibiotics.

So we come to the great paradox of the allopathic approach to medicine: what can be a cure for one problem can also be the cause of another. Possibly, one that has more serious and far-reaching effects. Yet very few of us ever think about the consequences because we have always taken it for granted that allopathic medicine comes with a commonly acknowledged “seal of approval”. But before going any further, let’s define what “allopathic medicine” means. Look it up for yourself in a medical dictionary and amongst similar entries you will find the meaning given as:

“A system of medical therapy in which a disease or an abnormal condition is treated by creating an environment that is antagonistic to the disease or condition; for example, an antibiotic toxic to a pathogenic organism is administered to treat an infection.”



The symptoms of heavy metal poisoning can include mental confusion, pain in muscles and joints, chronic fatigue, severe headaches, gastrointestinal problems and food intolerances. The long-term effects can be life-threatening.

In other words, it is the conventional medicine that almost all of us resort to when we are unwell, and which most medical practitioners reach for as their standard toolbox. However, as we are all aware, this allopathic approach is largely dependent on the use of pharmaceutical products. Rather than treat the body holistically, these tend to focus on counteracting symptoms, with no recognition of the underlying causes – the build-up of toxic pollutants and infectious agents.

So how are infections related to toxicity? Amongst the most immuno-toxic substances, are heavy metals, particularly mercury, lead and cadmium. As the immune system (bone marrow, lymph, thymus and spleen) begins to fail with the ingress of these toxicants, the body is more likely to give way to infections and infective agents (pathogens). The red and white blood cells, which are made in the bone marrow then become faulty, and may be produced in the wrong quantities. This is a recipe for disaster. Likewise, a lymphatic system that is over-loaded, is unable to cope with infections in the normal way. It is no surprise that there are so many infections, resulting in the widespread prescription of antibiotics with its attendant consequences, leading to the potential for further misdiagnosis, and inappropriate treatment. At no stage has the true origin of the body’s presenting pathology been addressed. More importantly, prescribed medication can disrupt homeostasis – the body’s highly sensitive system of compensatory mechanisms – and impair its effectiveness.



FCT bio-resonance testing is the most sophisticated diagnostic tool, relying solely on the interface between the practitioner and the patient.

Where does this lead us? For a great many people, the answer is in the direction of what are often described as alternative or complementary approaches to medicine. Not surprisingly, the conservatively minded and sometimes over-cautious medical establishment has either dismissed these outright, or refused to accept that they are based on any legitimate research or treatments.

This is not the case with Field Control Therapy, which uses a non-invasive approach developed to identify and safely remove the major toxicological and biological factors that can undermine health, but without damaging any organs or tissues.

As we've seen, the theory behind FCT was pioneered and formulated by a highly respected medical doctor who is certified by the American Board of Internal Medicine and whose distinguished career has included a fellowship in cardiovascular medicine. An author and lecturer with long experience in his field, Dr. Savely Yurkovsky still practises in the USA and is the founder of an organisation dedicated to teaching the FCT model to other physicians and healthcare professionals.

6 Not for the first time, the medical world has to change its mind

It takes a brave man to challenge the full weight and wisdom of the entire medical establishment. It takes an even braver one to swallow a petri dish full of bacteria to make his point.

But that's exactly what Dr. Barry J Marshall did in 1984. Along with his colleague Dr. J Robin Warren, he wanted to prove that peptic ulcers were caused by something called *Helicobacter Pylori*, a spiral-shaped bacterium that lives in the stomach and duodenum. The theory was ridiculed not only by doctors, but by many scientists, who simply refused to believe that bacteria could live in the highly acidic environment of the stomach.

The professional view, long expressed by experts, was that ulcers were caused by stress, spicy foods or other external factors.

The same experts had to eat their words when Marshall and Warren were proved right. After ingesting the bacteria, Dr. Marshall developed the gastritis that had been predicted. Happily, he recovered, and the two doctors went on to be awarded the Nobel Prize for Physiology or Medicine in recognition of the importance of their discovery.

The moral of the story? Simply this: that the medical world is sometimes very slow to accept anything that isn't already a matter of doctrine. There are many examples of



New ideas are not always welcomed by sceptics – but can go on to win the Nobel Prize, and radically alter attitudes to medical treatment.

where the profession has often struggled to absorb arguments and evidence, even when these have been based on scientific principles and research findings. So every new breakthrough, even when acknowledged as such, takes time to filter through to doctors practising in the general medical field.

To be fair, let's put things in perspective. In the past century, medicine has made huge advances. Many dreadful diseases that had once been a common but fatal fact of everyday life have been virtually eradicated. In most cases, by a combination of new discoveries in biology and chemistry – which in turn led to the rapid rise and expansion of the pharmaceutical industry, and our current dependence on its products.

But what has often been overlooked is the fact that the modern world that made these advances possible also brought new problems in its wake; these have become more and more manifest in the last fifty years or so.

True, people have been enjoying enhanced lifestyles with all the benefits that technology brings, but there is a price to be paid. To be blunt, we live in a toxic age. Our homes and our workplaces are no longer safe environments. The air we breathe, the water we drink and the food we eat are all (largely) contaminated.

This is why the medical world has to change its way of thinking – and change it fast. Fortunately, medical minds are now more open and receptive than they were a generation ago, or for that matter a decade ago.

Field Control Therapy is providing solutions to the challenges of modern life that are now accepted, not only as the cause of many minor conditions and debilitating ailments, but as a major threat to our health and life expectancy in the accelerating development of the 21st century.

As the world changes, so must people's minds.

7 So, is it science?

Science always seeks to find rational explanations for natural phenomena, and as intelligent people we tend to trust the judgement of experts when forming our own opinions and arriving at a conclusion.

These experts may not always turn out to be 100% right when they make their pronouncements, and they might later revise or reverse their findings. But most people would agree that any new idea in any field needs to be subjected to rigorous scrutiny. It doesn't matter how much something seems to "feel right" or

match our own observations of the world and how it works, we want something concrete on which to base our beliefs. So what is the science behind the thinking in Field Control Therapy?

As we've discussed on several other pages, the roots of this can be found in the well-established laws or principles of physiology, biology, physics and chemistry. But before we go much further, please bear in mind that this book has been created with the lay person in mind – so we have used straightforward language as far as possible, rather than technical jargon or unfamiliar medical terminology.

FCT and its potential is a vast subject, and we see our task as opening it up in a way that makes it accessible to as



To the inquiring mind, the boundaries of science are as limitless as the universe itself. And just like the universe, our knowledge is constantly expanding.

many people as possible. If you happen to have a scientific or medical background, or simply want to conduct your own deeper study, a wealth of information is available from many sources and we have included references to these on the back pages.

Whatever your level of qualification or interest, let's just look at some of the key facts behind the theory and practice of Field Control Therapy.

All matter, throughout the universe, is composed of atoms (and subatomic particles). All cells in the human body are composed of atoms. An atom comprises a nucleus with electrons orbiting around it; they have electrical energy, and this electrical energy is essential for all life. The human life form is composed of trillions of cells which all work together to sustain and maintain the entire organism that we call the body, where many chemical reactions and electrical stimuli are constantly occurring.

Human body cells perform very different functions, which are specific to the organ or body part. Yet they are all broadly similar in their metabolic requirements – needing a constant supply of essential elements such as oxygen and glucose in order to survive.

Evolutionary forces have designed our bodies in such a way that we are constantly sensing the world around us and responding to its stimuli, using natural feedback to regulate the body's response and reactions. These systems generally operate automatically and beyond the reach of any attempt at conscious control.

So far, so good. Or at least it would be, if it wasn't for the malign distortion of the body's natural internal environment by a massive overload of external toxic agents and forces. The facts are well documented in books and scientific treatises on toxicology, electromagnetic pollution and the many forms of stress induced by modern life.

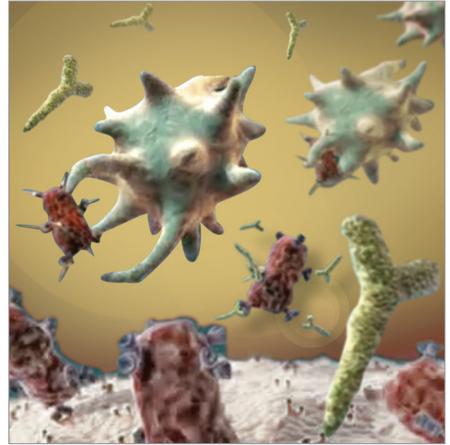
The cause and effects are no longer just a matter of conjecture, they form one of the world's most urgent debates – a debate which began in the early days of the Sixties with the

questioning of mankind's impact on ecology, and which led to today's global summits on climate change.

One of the driving forces that acted as a wake up call was the publication of the "Gaia Theory". This was formulated by James Lovelock, a scientist and a Fellow of the Royal Society, and co-developed with the distinguished microbiologist and university professor Lynn Margulis. The Gaia Theory proposed that the world itself is a self-regulating complex system that has to balance all organisms with their inorganic surroundings in order to maintain life. Whenever this balance is disturbed – say by excessive carbon emissions into the atmosphere – then problems follow.

This theory is now at the heart of current thinking on environmentalism, and is studied in the scientific disciplines of Geophysiology and Biogeochemistry. Certain laws are universal and immutable. If the Earth can be thought of as a 'living organism' the same could be said of the Universe itself. What can't be denied as a scientific fact is that our bodies are self-regulating organisms that respond to known forces of nature.

Field Control Therapy doesn't fly in the face of science. Quite the opposite, it actually interprets and applies acknowledged principles to allow the body to recover and retain its well-being through a process of self-healing.



Your body is a highly complex world in miniature, reacting to outside threats, and capable of creating its own defences to maintain a natural balance.

8 How FCT begins . . . and your body self-heals

FCT is the cure you are looking for, and which conventional medicine is unable to provide. Let's be honest, that's what you are hoping to hear. And to be equally frank, we must state here and now that FCT is not, strictly speaking, a cure. It's something much more significant.

Unlike most medical approaches to a problem, it doesn't simply offer a "sticking plaster" solution. What it does is allow a much more powerful agent to perform restorative and curative functions, namely, your own body. A body designed by evolution with the power to self-heal . . . providing nothing unnatural impedes its ability to do so.

As we've discussed on other pages, the body is controlled by energy fields and is able to maintain itself through a process known as homeostasis. Yet, it is vulnerable to attack by pernicious factors that include toxicological or biological agents, physical and emotional stress, a polluted environment and the many deleterious side effects of 21st century lifestyles. Field Control Therapy has been developed as an effective means to remove these agents and facilitate the physiological restoration of the body – which in turn means the actual causes of disorders are eliminated.

Obviously, accurate diagnosis is crucial to the success of FCT with individual patients. What toxins or other pollutants are present in the patient's body? And at the level of cellular structure, in which organs or tissues are they located? These are questions that require precise answers before carefully targeted treatment can begin.

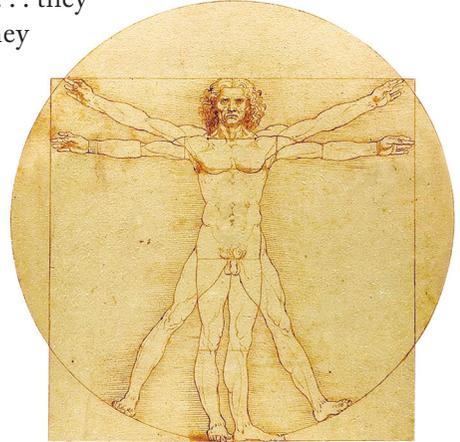


In our journey through life, from infancy to our later years, we face many challenges. FCT restores the ability of our bodies to respond and heal.

This brings us to ‘Bio-resonance testing’, which, in principle, is accepted as the most powerful tool in pinpointing both the exact definition of the toxic agent and its whereabouts in the body’s system. There are many different techniques used today in Bio-resonance testing, some using advanced software and other technological approaches. But . . . and this is very significant . . . they have major shortcomings in that they are confined to a one-dimensional or superficial energetic level.

Based on the application of knowledge in both physics and cellular biology, FCT can determine the deeper layers of toxicity within the cells, and can determine the order in which these toxins lie. By addressing these layers sequentially and by supporting cellular excretion, the body’s natural balance and energy flow are restored.

This unique capability means that in medicine’s continuing voyage of discovery, FCT is not merely the opening of a new continent. It is nothing less than the discovery of an endless world of potential, waiting to be further explored by our empowered selves.



The whole purpose of FCT is to apply natural science medicine in order to restore your body's in-built ability to heal itself. Your empowered body, your best physician.

9 FCT . . . from concept to multi-disciplinary science by Savely Yurkovsky MD

Many years ago, while I was hopelessly stuck in the jungle of endless alternative medical approaches, with each offering, essentially, a very limited approach to human illnesses, I happened to read a very obscure article, “Future Medicine Based on Controlled Energy Fields”. Written by Professor William Tiller, Ph.D. from Stanford University, in essence, it spelled out the most important level of human physiology, as being regulated and driven by energy fields of cells of the internal organs and molecules of body chemistry.

Therefore, Professor Tiller postulated that only energetic diagnostic and therapeutic modalities such as, correspondingly, Bio-resonance testing, homeopathy, acupuncture, mind-body and other, would play a primary role in leading to the preservation of, or restoration of, healthy cellular fields, which are pivotal in the creation of the healthy state. Not being a medical doctor, he could not be more specific in recommending one intervention in preference to another. Likewise, without a broad medical background it was difficult for him to pinpoint the most important morbid agents and factors that one is to seek to uncover and treat.

However, his contribution as a physicist, in indicating an overall correct ontological direction in medicine, was hard to overestimate. And today, decades later, we see numerous senseless alternative pharmaceutical medical approaches such as functional medicine, DAN, most of integrative medicine, or some nutritional-metabolic balancing acts, and many others which continue to mushroom and mislead. They mislead because the very essence of their diagnostic and pharmaceutical intervention is based on prevailing blindness; diagnostic blindness, in its inability to establish the exact

true causes of chronic diseases, and therapeutic blindness as a result of the inability to effectively address these causes and avoid producing severe side-effects in the process. That is why, in spite of surrounding their occasional successes - in usually milder chronic diseases - with hype, their actual outcomes in severe chronic diseases, which is the real litmus test for any medical approach, remain poor and concealed from both the practitioners they train, and also the public.

The fact is that our bodies' cellular fields, which harbour precise information about the exact causes of chronic diseases, can only be entered into through Bio-resonance testing and, likewise, therapeutically these respond best only to very specific or 'Star/Bullet' related homeopathic signals.

It took me many years to evolve Bio-resonance testing and develop a far more specific and effective homeopathic therapeutic system, all based on the cellular field control concept, and aimed at the selected most important 'Star/Bullet' morbid agents, in order to turn FCT into highly successful and consistent medical system for **all** chronic diseases. It is carried out through identification of key morbid agents via Bio-resonance testing - 'Stars/Bullets' - which distort cellular fields, and through the application of a novel homeopathic approach which aims to restore these fields by removing these 'Stars/Bullets'.

So, as an acknowledgement, and in recognition of Professor Tiller's prophetic work, and his generous personal tutorship bestowed upon me in pertinent aspects of physics, I have named this medical system Field Control Therapy® - FCT. Another title I use for it, which reflects its more practical or working essence is Guided Digital Medicine™, thus emphasizing medical diagnosis and treatment conducted through energetic signals and frequencies.

The science behind Field Control Therapy

Field Control Therapy (FCT), unlike therapies with similar titles, is not some "balancing field" device. It is a medical system that is firmly rooted in multi-disciplinary sciences, both medical and non-medical, and which, as a

result, overcomes all of the major limitations of the current conventional and alternative approaches because it utilizes their certain useful knowledge very discriminately. This system perceives any chronic disease as the culmination of a cluster of ‘Stars/Bullets’, which, put quite simply, are the principal, or most important morbid factors in disease. FCT bypasses the countless unnecessary and, ultimately, unimportant details which ‘clog up’ every specialty. The reason that these details are not that important is because they are more specialty-related, rather than something that necessarily leads to a resolution or cure of chronic disease. Because, in the final analysis, whether these specialties-related abnormalities are of a biochemical, metabolic or energetic nature (which formally justifies hundreds of conventional and alternative treatments) behind all of these lies the very essence of the problem – the **CAUSE** of these abnormalities. That is why at the very core of the matter, lies the **main reason** why we have so many seemingly sophisticated conventional and alternative specialties: it is because all these have **failed** to effectively determine and address the primary causes of chronic diseases.

Besides focusing only on the primary causative agents of chronic and acute diseases, FCT focuses also on any particular organ weakness of each individual patient, which has made him or her vulnerable to these factors. Using the pertinent knowledge from multi-disciplinary sciences, FCT selects and applies the most effective diagnostic and therapeutic means to address these ‘Stars/Bullets’ and, thus, dismantle or significantly reduce the state of chronic disease.

For specific details concerning the reasons for my ‘Star/Bullet’ approach to all chronic diseases, refer to **Autism & ADHD are curable!** and **Curable: Lyme Disease, co-infections & Morgellon’s Disease** on my website. A further publication, **A campaign to cure Autism & ADHD**, containing case studies from FCT practitioners, is also available, for details see inside back cover.

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Autism and ADHD are curable!

‘Autism, ADHD and many brain disorders are curable’, was the major subject of a seminar presented in New York by Savely Yurkovsky, MD in October 2011, to health professionals, and FCT students and practitioners.

This part of the seminar, available on a 7 disc DVD set, described all aspects of the methodology of FCT. The DVDs introduce a detailed explanation of the very roots of disease with their insidious interconnections and interdependency. They vividly demonstrate why, and how, all other treatment methods are doomed to failure because of their inability to diagnose and treat the main roots or true causes of autism. These other methods are also overly expensive, as a rule.

Dr. Yurkovsky demonstrates the precision of FCT Bio-resonance testing in detecting the main causes of autism directly – both in the brain, and in other organs. He also demonstrates the ability of his novel homeopathic approach to address these causative factors.

Dr. Yurkovsky also introduces the cases of several autistic children present at the seminar, who were undergoing FCT treatment on the day. Their parents also gave firsthand accounts of their children’s cure and ongoing progress.

This DVD set is available with an additional 3 disc DVD set, covering the FCT treatment of Morgellon’s and Lyme’s.



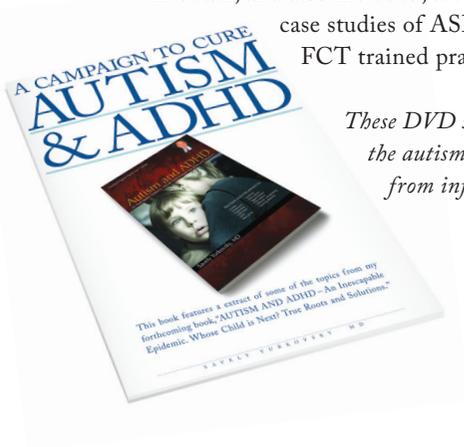
A campaign to cure autism and ADHD

An obscure disease only a few decades ago, autism has today emerged as a worldwide childhood epidemic. Tragically, its true roots remain obscure, its cures are sporadic, and the failure to publicise those treatments is the rule. These alarming facts command the urgent analysis of all issues relevant to autism, including its serious misconceptions, ineffective treatments, and prevention.

This publication highlights the need for a complete paradigm shift in order to cure these conditions. It features FCT's unique diagnostic method which determines the concrete causes of these, and other diseases directly – in the brain, gastrointestinal and other organs, as opposed to the analysis, and attempted correction, of some non-specific abnormalities detected in laboratory tests. It also details how, FCT's novel homeopathic, pill-free, treatment addresses these causes in a powerful way.

Dr. Yurkovsky's sound application of scientific principles is described in detail, and also included, are parent testimonials and comprehensive case studies of ASD children/teenagers successfully treated by FCT trained practitioners, and Dr. Yurkovsky himself.

These DVD sets are available, together with the autism/ADHD publication, from info@naturalsciencemedicine.com



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